Sleep centre request form



Patient details* (or label)	Testing considerations*
Name:	Specify purpose of investigation ☐ Diagnostic ☐ F/U ☐ Surgical pre-assessment
DOB: dd / mm / yyyy MRN:	Specify infection/immunity status ☐ Infectious ☐ Immunocompromised ☐ N/A
Contact Number:	if yes, please specify:
Clinical details (Please include here symptoms, suspected diagnosis and relevant clincal history (previous surgery, known lung disease, other comorbidities)	
Sleep Investigations	
Polysomnography (PSG) - Inpatient	
Recording of EEG, EOG, EMG, ECG, respiratory effort Available from the age of 1.	and video during sleep.
Polysomnography with Multiple Sleep Latency Test (Includes a PSG and the recording of up to 5 naps on t Available from the age of 12.	· · · · · · · · · · · · · · · · · · ·
Home Polysomnography (Home PSG) Recording of EEG, EOG, EMG, ECG, respiratory effort and video during sleep. Available from the age of 1.	
Polysomnography (PSG) with PAP review - Inpatient PSG performed on PAP. PAP download and consultation included. Consumables not included. Available from the age of 1.	
Maintenance wakefulness test - Inpatient Recording of EEG, EOG, EMG, ECG, and video during the day. Available for adults only.	
Ambulatory Overnight Oximetry (take-home) Recording of respiratory effort during sleep. Available from the age of 1.	
Actigraphy (14-day study) 420001 Recording of activity for 14 days. Available from the age of 5.	
420003 Transcutaneous CO2 monitoring / TOSCA - to be added Recording of CO2 during sleep. Available from the age of 1.	d to PSG or Home PSG
TOSCA with respiratory polygraphy - Inpatient or Home Recording of respiratory effort and CO2 during sleep. Available from the age of 1.	
CPAP/NIV Prescriptions and Trials	
150045 CPAP Trial (4-week device rental, accessories and fo	ollow-up)
150060 NIV Trial (4-week device rental, accessories and foll	low-up)
CPS CPAP Purchase & Set-Up (CPAP device, accessories and follow-up)	
PTS Sleep Positional Trainer Trial / Purchase	
Authorisation	
Requesting doctor	GMC Number
Signature	Date
Email (emails to non-cromwell accounts will be encrypted):	·